



MATERNITY PORTRAITS

Thank you for choosing Captured Moments by Christine!

We know you have options when it comes to your photography services so we appreciate your business. Here are some instructions and helpful tips for your session.

MATERNITY SESSION:

- ▶ Maternity sessions should be done within 7 - 8 months of being pregnant.
- ▶ Please drink plenty of water and get plenty of rest the night prior to your session. This will help keep you refreshed, keep dark circles from under your eyes and keep you hydrated.
- ▶ Captured Moments by Christine has maternity gowns and can be used complimentary for your session. 1 or 2 can be used depending on what package is selected.
- ▶ Please schedule a day to come by the studio and get fitted for your gown.
- ▶ Bring sonograms, rings, small stuffed animals and any sentimental items you would like to include in your maternity session.
- ▶ Please inform CM of any items you will bring for your appointment prior.
- ▶ Want to include your unborn baby's father and / or siblings? We welcome them!

WHAT TO WEAR:

- ▶ Think soft colors that are easy on the eyes. blush, tans, beige, white, pale blues, light mint blues, laces, browns, light grey.
- ▶ Long Maxi Dress, crop top with skirt, jeans, elastic waisted capris.
- ▶ Stick to solids and subtle patterns.
- ▶ If you are doing a maternity / boudoir session, lace, sheers lingerie.

HAIR, MAKE-UP & NAILS:

- ▶ If hair and make-up are "not your thing" hire a professional HMUA artist! You will be happy you did!
- ▶ Look on sites like [Pinterest.com](https://www.pinterest.com) and search make-up ideas to find the look that suites you best.
- ▶ If you do both hair and make-up, schedule your make-up first, hair last. With updo's and hair that is curled it tends to fall in hot and humid Texas. Have hair schedule about 1 - 1 1/2 hours prior to session depending on the style and the time it will take. Consult with your hair stylist prior to find out about how long it will take. Make-up artists now a days apply make up and set it to stay on your face looking fresh longer.
- ▶ If you will be doing your own make up, make eye make up a tad big darker than usual but use subtle, warm earthy colors.
- ▶ Captured Moments has many friends that are stylists and make-up artists. If you are interested, we would be happy to make a few recommendations.

- ▶ PLEASE have your finger and toe nails both manicured and painted. Keep it soft and simple colors. Avoid reds, loud and bright colors.

JEWELRY & ACCESSORIES:

- ▶ Simple and elegant is the advice when selecting jewelry for a portrait. Small pearls, diamonds are ideal.

OTHER ITEMS TO CONSIDER TO BRING:

- ▶ A comb or brush and hair-spray.
- ▶ A light face powder to reduce any shine on your face that may build up during your shoot.
- ▶ A towel to damp your face if considering an outdoor session during the hot season.
- ▶ Bottle of water.
- ▶ Sentimental items, sonogram, small stuffed animals, onesies, etc.

WHAT TO EXPECT DURING & AFTER YOUR SESSION:

- ▶ After your session, please allow at least 2 weeks (excluding holidays) to receive a link to your private album with all images to view and choose from.
- ▶ Please read the email format that is sent to you. It will give you instructions on what you need to do.
- ▶ When choosing me as your photographer not only will we provide traditional still shots for your wall, we love to capture your true moments in an artistic way.

